



UGC-HUMAN RESOURCE DEVELOPMENT CENTRE
Doctor Harisingh Gour Vishwavidyalaya, Sagar MP, India



CERTIFICATE
WORKSHOP ON

STRESS MANAGEMENT BY EFFECTIVE TEACHING METHODS

This is to certify that *Ms. Kanchan Chourasiya*, Lecturer, Department of Psychology
Brahmi College of Education Pathariya Jat, Sagar participated in the Workshop on
"Stress Management by Effective Teaching Methods" held from 26-28 March, 2018
at UGC-Human Resource Development Centre, Doctor Harisingh Gour Vishwavidyalaya Sagar (M.P.).

Director

Course Coordinator

Vice-Chancellor