



UGC-HUMAN RESOURCE DEVELOPMENT CENTRE
Doctor Harisingh Gour Vishwavidyalaya, Sagar MP, India



CERTIFICATE

WORKSHOP ON

STRESS MANAGEMENT BY EFFECTIVE TEACHING METHODS

This is to certify that *Dr. Preeti Wadhvani*, Assistant Professor, Department of Education
Doctor Harisingh Gour Vishwavidyalaya, Sagar participated in the Workshop on
"Stress Management by Effective Teaching Methods" held from 26-28 March, 2018
at UGC-Human Resource Development Centre, Doctor Harisingh Gour Vishwavidyalaya Sagar (M.P.).



[Signature]

Director

[Signature]

Course Coordinator

[Signature]
28/3/18

Vice-Chancellor