



Department of Yoga Education

Dr. Harisingh Gour University, Sagar(M.P.)
(A Central University)

Invites you to participate in Ten Days National E-Workshop

on

Yoga, Psychotherapy and Immunity

11 – 20 June 2020; Daily Yoga Practical: 06:00 AM to 07:00 AM; Invited Lectures: 07:00 AM to 08:00 AM



Sr. No.	Invited Speaker	Affiliation	Topic	Date	Photo
1	Swami Shashibhushananda	Director, International Yoga Society, Loni, Ghaziabad (U.P.)	Yoga as Traditional Science	11/6/2020	
2	Prof. Renubala Sharma	Professor & H.O.D. Govt. Girls College, Bina (M.P.)	Life Style Disorders & their Management	12/6/2020	
3	Dr. Arpit Dubey	Asst. Professor, Morarji Desai National Institute of Yoga, New Delhi	Ancient Yoga in Modern Context	13/6/2020	
4	Dr. Vikas Sharma	Psychotherapist, D.I.T. Deheradun (Uttarakhand)	Yoga & Psychotherapy for Immunity	14/6/2020	
5	Dr. G.S. Sahay	Former Professor, Kaivalyadhama Yoga Institute, Lonavla-Pune	Application of Hatha Yoga in Modern Perspectives	15/6/2020	
6	Dr. Rakesh Kumar	H.O.D. Yoga, Gurukul Kangri University, Haridwar (Uttarakhand)	Yoga Therapy for Immunity	16/6/2020	
7	Prof. Vinod Kumar	Professor, Shoolini University, Solan (Himachal Pradesh)	Physiological Basis of Yogic Practices for Enhancing Immunity	17/6/2020	
8	Dr. R.K. Babele	Medical Officer, Govt. Primary Health Center, Bina (M.P.)	Swasthavritta & Yoga for Immunity	18/6/2020	
9	Prof. S.N. Mishra	Former H.O.D. & DEAN (Yoga), Atal Bihari Vajpayee Hindi University, Bhopal	Yoga & Modern Science	19/6/2020	
10	Prof. Prabhakar Chaturvedi	Former Professor, Ayurvedic College, Rewa (M.P.)	Yoga for Youth and Immunity	20/6/2020	

1. Registration Link: <https://forms.gle/XFhc5oEh67wKka5U6>
 2. Joining Link: <https://us02web.zoom.us/j/82836747214?pwd=OHNPcFFpeVJ3bHlkK0EYUE1qNFYxUT09>
 3. Facebook Link: <https://www.facebook.com/Department-of-Yoga-Education-441667073317409/>
- Convener: Prof. G.S. Giri, Head - Department of Yoga Education & DEAN - SES, Dr. Harisingh Gour University, Sagar (M.P.)
Email: hodyoga@gmail.com; Mobile No: 9425656196

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Patron

Prof. A.D. Sharma
Director of Students Affairs

Patron

Prof. A.N. Sharma
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5. Dr. Nitin Korpai
6. Miss Pragya Sao

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